

10. The system of claim 8 wherein the opening is located at a bottom of the cooking chamber and wherein a widened portion below the opening contains the blower, and wherein the discharge and the exhaust are below the blower.

11. A method for cooking in a cooking chamber of a cooking device, comprising the steps of:

providing a blower communicating with the cooking chamber through an opening;

operating the blower in a first direction to generate excess pressure for pressure cooking in the cooking chamber; and

operating the blower in a second direction for generating low pressure in the cooking chamber for removing moisture.

12. The method according to claim 11 including the step of removing the moisture through a moisture discharge.

13. The method according to claim 12 including the step of providing an exhaust in addition to the moisture discharge.

14. The method according to claim 11 including the step of providing a pressure release valve for releasing excessive pressure when the blower is operating in the first direction.

15. The method according to claim 14 wherein the pressure release valve is located in an exhaust.

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